Hip health in children with cerebral palsy - surveillance and management of hip displacement

Wednesday, 4th February 2015
3.30 – 4.30pm, followed by afternoon tea

Walford Room, Level 5, Murdoch Childrens Research Institute

Presented by: Mr Abhay Khot, Consultant Orthopaedic Surgeon
and Kate Willoughby, Physiotherapist
Orthopaedic Department, Royal Children’s Hospital, Melbourne

Hip displacement is a common condition among children with cerebral palsy. If not treated early and effectively it can lead to painful hip dislocation. Routine hip surveillance is important in detecting displacement in its early stages when it can be treated most effectively, but the management of hip displacement is not always straightforward and does not follow the same pathway for every child.

This seminar will focus on the management of hip displacement, including evidence for the various treatment approaches that are often considered, and will have a strong clinical focus. Two surgical trials that are underway at the Royal Children’s Hospital will be introduced, including a world-first randomized trial. Both studies are exploring the most effective approaches to managing hip displacement: what is the right surgery, for which child, and at what time?

This seminar will provide a valuable opportunity to stay abreast of the progress made by the Centre of Research Excellence in Cerebral Palsy, identify areas for possible collaboration and chat informally with the investigators.

Mr Abhay Khot is a Consultant Orthopaedic surgeon at The Royal Children’s Hospital, Melbourne. He also provides Paediatric Orthopaedic care at Sunshine Hospital under Western Health. Since 2006, Mr Khot has been involved in the care of children with cerebral palsy at RCH. He is part of the Hugh Williamson Gait laboratory team and has a special interest in gait analysis. He is a co-investigator in studies of the surgical management of hip displacement being conducted under the auspices of the CRE.

Kate Willoughby is a Consultant Physiotherapist in the Orthopaedic Department at The Royal children’s Hospital, Melbourne. Kate’s work focusses on clinical and research activities surrounding the surveillance and management of hip displacement. She is study coordinator of a randomized trial comparing adductor release and bony surgery for hip displacement, and is involved in the development of a statewide program for hip surveillance in Victoria.

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